

The Cardinal

JUNE JULY 2015 • WWW.SAINTPAULAUDUBON.ORG • SAINT PAUL AUDUBON SOCIETY

NABA SUMMER BUTTERFLY CENSUS

Saint Paul Audubon's Butterfly Census

***Tentative: Saturday, June 27, 2015**

9:45 AM to 2:00 PM

Dean Hansen will again be our leader for Saint Paul Audubon's annual Butterfly Count. Dave Crawford and "Mo" Whalen will add their expertise. If you want to gain more knowledge about butterflies, you'll have plenty of opportunity!

The count will take place at the Arden Hills Army Training Site (AHATS). The Army has built a new building *inside* the Training Site with toilets that we may use during the count. Since this is an Army facility, we must give the National Guard the names of all participants before the count. Because of EPA regulations, no one under age 18 may participate.

What to Bring & Wear: Come prepared to carpool with others. Be sure to bring plenty of cool drinks, snacks, and a bag lunch. A wide-brimmed hat, light-weight long pants, a long-sleeved shirt, sunscreen, high socks, old sneakers or rubber boots for bog-tromping, and insect repellent are recommended. You may want to bring a camera, butterfly field guide, a butterfly net. There is also quite an interesting bird list for AHATS; you may wish to bring binoculars and a field guide.

Contact **Dorothy Waltz** at 651-917-0930 or dwaltz@isd.net for more information or to register no later than Sunday, June 21st. Saint Paul Audubon pays the NABA Census fee, so this count is free to all. Registered participants will meet in the parking lot of the new Army building on Hamline Avenue, north of Highway 96 by 9:45 AM. We will **carpool** to the butterfly count sites. A map and information packet will be mailed to registered participants the week before the count.

* Watch the SPAS website for updates and confirmation of the date for this event.

Useful Information to Help You Prepare:

<http://www.naba.org> The official website of the North American Butterfly Association. Find every-thing to do with these beloved insects: Membership options, magazine PDF's, gardening information, checklists, regional information, beautiful photos...

A very great source of information about butterflies.

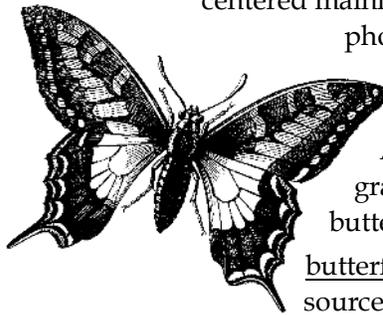
<http://www.wisconsinbutterflies.org> A very good site, up-to-date data of sightings all across Wisconsin, but centered mainly in the SW part of the state. GREAT photos and information about life-cycles, etc.

<http://ecobirder.blogspot.com>

A blog mainly about nature photography. There are some great photos of butterflies!

butterfliesandmoths.org Another nation-wide source for recent distribution data is the original United States Geological Society (USGS) site, now maintained in Montana.

For books, go to your local library!! Or, type 'butterfly' into your browser. The list seems endless, whether you wish to focus on field guides, data-gathering, childrens' books, caterpillar ID, life-cycles, gardening and plant lists, or read both fiction and non-fiction stories about enthusiasts and researchers.



Are you watching "NATURE 365"?

World-renowned photographer Jim Brandenburg has another series for nature-lovers... Type <Nature365.tv> into your browser. Watch the trailer, then click to be added to the list of us watching these short daily videos... Both locations he has filmed are in Minnesota. The idea behind this series is to open peoples' eyes to the wonders of nature.

BOARD MEETINGS

Saint Paul Audubon's Summer joint new/former Board, Officer, and Committee Meeting will be held on June 1ST at Long Lake Regional Park, 6:30 to 8:30 PM.

President's Message

Thank you, Saint Paul Audubon, for electing me to be your next president. I look forward to these next two years and hope that I can provide as solid a leadership as my predecessor did. I've been a member of for many years. My current membership card says I joined in 2000, but I recall attending meetings in the early 1990s, so there may have been a time when I was a previous member...

We are fortunate to have as many chapter members as we do (2,700-2,800), and while many of us are graying a little more each day, I'm pleased that we are reaching out to younger generations. Some of our new board members are of the millennial generation. I look forward to embracing their values and enthusiasm. Having members of multiple generations on the board is an exciting opportunity that will benefit both the Board and the chapter.

My wife Amanda and I attended our first Warbler Weekend where we viewed warblers, orioles, and pelicans as we made the rounds to Hok-Si-La Park, Frontenac State Park, and the grounds around the Villa. A special thank you goes out to **Deb Bachrach** for leading this event, and to field trip leaders **Bill Stjern**, **Clay Christensen**, **Chase Davies** and **Paul Spreitzer**, who took novices like Amanda and I on birding hikes. I was able to photograph many local scenes ranging from the blooming Bleeding Heart plant at the grotto, to panoramic views of Lake Pepin and Lake City, which was hosting a fishing contest when we first pulled into town. So much was happening in

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ABOUT OUR CHAPTER

Founded in 1945 as the 'St. Paul Bird Club' with twelve members, the Saint Paul Audubon Society now serves the entire East Metro region of the Twin Cities, and has around 2,700 members. Our Member Meetings are held from Sept. to May. For more info please contact leaders at left, or visit our website at www.saintpaulaudubon.org

ABOUT THE CARDINAL Published 6 times a year; articles are due on the 5TH of January, March, May, July, Sept, and Nov. Submissions may be edited. Send to hpbirdscouter@msn.com

Members may also receive the newsletter by downloading a PDF from the website.

LOCAL SUPPORT Audubon members who don't live in the Metro Area but who wish to receive *The Cardinal* may send \$15 for a 1 year subscription to **Saint Paul Audubon Society**, PO Box 7275, St. Paul MN 55107

CHAPTER PHONE: MESSAGE ONLY

For more info or questions about bird ID, please call 651-291-2596. Leave a message and we will return your call.

ADDRESS CHANGES Call 1-800-274-4201 or NAS website at www.audubon.org to notify the National Audubon Society of a change of address, to continue to receive *Audubon Magazine* and *The Cardinal*.

those three short days! I'm already marking my calendar for next year.

I'm also grateful for the fine set of Member Meetings our Programs Committee put together this past year. Topics ranging from the birds of Cuba to Crex Meadows, to coarse woody debris gave members plenty of information in a fun environment. Amanda and I got into the habit of making "Audubon Night" a date night where we'd go to dinner and attend the member meeting. This became a ritual for us and a nice break from our hectic day jobs.

So thank you, again, Saint Paul Audubon, and I look forward to getting to know many of you much better. Have a safe summer and may we all be able to add a bird or a butterfly or two to our life lists as we enjoy summer in Minnesota.

Jim Lindner, President

Former President's Note:

I want to thank all of those in the wonderful Saint Paul Audubon Society that made these two years go by so easily and pleasantly. So many of you quietly and reliably chip in your time and talents to keep the group running smoothly. *The Cardinal* gets edited, printed, labelled, and sent to our mailboxes. **Kestrel boxes** get put up, observed and maintained around the East Metro to help out some of the birds we worry about. **Field trips** get planned and take place to all sorts of interesting locales. **Warbler Weekend** gets planned and arrangements are made to host 120 birders for one of the high points of the year. **Classrooms** are visited all over the St. Paul area and children are introduced to the joys of birding. More children get to bird on the Jonathon Padelford with their **Big River Journey** field trip. Even more children enjoy a week in Como Park with the Parks and Rec. **Bird Camp** which

Comments, con't. on back page

Early Birding

Tuesday AM's, May & June!

Walk from 7:00 – 9:00 AM. Meet at site.
Maps on website. Contact leader for questions. Please join us!

June 2

Wargo Nature Center: Celebrate Anoka County's "Year of the Bird." 7701 Main St, Hugo, MN 55038.

Leader: Holly Peirson,
hpbirdscouter@msn.com

June 2

Long Lake Reg Park: Let's see how birds have changed behavior since the park was environmentally cleaned by Craig Andresen! 1500 Old Hwy 8, New Brighton, 55112

Leader: Chase Davies, ccdavies@aol.com

June 9

Benson Prairie: Re-creating a prairie From White Bear Lake, drive No. on Hwy 61, turn left (west) on Cty Rd J, take immed. left (so). 1/2 mi. to Otter Lake/ Bald Eagle Lake Park.

Leaders: Ellen Lowery,
ellen.lowery@gmail.com
Clay Christensen,
clay.christensen@comcast.net

The Blooming Prairie at Long Lake Regional Park

Tuesday, July 7, 7-9:00 AM

Early summer prairie flowers! Enjoy delightful summer prairie plants at this restored prairie. It is mature and notably diverse. Bird, butterflies, and other pollinators rely on these native plants for their very existence.

Mid-July is the best time to view these blooms. Meet leader Chase Davies at Long Lake Regional Park in New Brighton. **DIRECTIONS:** From 35W, exit at Hwy 96, go west. At T with Old Hwy 8, turn left (s). Park entrance is ~ 1/4 mi. on right. Meet in first parking lot on right side of entry road.



Summer Kids' Bird Camp

June 15-19, 9-12:00, Como Streetcar Station

Do you recall seeing all those wonderful kids with their journals in our August September *Cardinal* last year? They were SO proud of what they'd done during the week! So, this coming June for the 10th year in a row, our Education Committee volunteers will be having fun with 15 more kids: Going on field trips, showing them how to use binoculars, helping them with their journals, to learn about flight and migration, and cutting and pasting! What more could one want? It's always a 'hoot' to work with children. Come join us! Contact Barbara Lindeke at 651-489-0318 or barbaralindeke@comcast.net



Native Plant Sale!

June 6, 9 - 3:00pm

Cub Foods Community Pavilion,
1201 Larpenteur Ave. W., Roseville

Our Native Plant Expo and Market is the spot to shop for native plants from 12 native growers! Conservation org's teach gardeners why natives are important; and how to create landscapes to benefit wildlife, pollinators, and clean water. Choose native plants that are adapted to MN conditions!

www.saintpaulaudubon.org/events

An Evening at Sucker and Vadnais Parks

Thursday, July 9
7:00-9:00 PM

Come see what birds and other animals are active at dusk. Study flight patterns, listen for evening roost twitter. Last year we found a family of owls as they began to feed their young. Join leader Holly Peirson for a

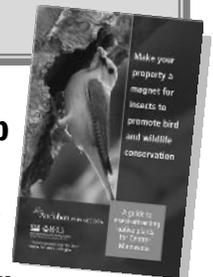
leisurely walk, mostly on accessible pavement. **DIRECTIONS:** Meet in parking lot at northwest entrance of Sucker Lake Park, off Rice

Street just south of Hwy 96.

Gardeners Can Help

Gardeners can help birds survive by choosing native plants for their gardens, especially those that attract the insects birds need to feed nestlings. A booklet produced by the Saint Paul Audubon Society shows how to have a lovely garden that supports wild creatures.

As birds and other wildlife are increasingly displaced by human activities, native plant gardens become important mini-refuges. Native plants attract native insects, the food source for 96 percent of songbird nestlings. The booklet is free and available at green and garden expos, garden shows and seminars, as well as from the organizations that are its sponsors: SPAS, Audubon Minnesota, Out Back Nursery and Landscaping, and Wild Ones.



SAINT PAUL AUDUBON SOCIETY

PO Box 7275, St Paul, MN 55107-7275

WWW.SAINTPAULAUDUBON.ORG

June – July 2015

Next Deadline 7/5/2015

Welcome...

To the Saint Paul Audubon Society.

We're a chapter of the
National Audubon Society.

Our mission is to conserve and restore
natural eco systems, focusing on birds,
other wildlife, and their habitats
for the benefit of humanity and
Earth's biological diversity.

*SPAS Members: Please Check our Website
for Calendar Updates!*

CALENDAR

June

Board Mtg/Picnic: Long Lake Reg. Park . 1
TUES AM: Long Lake Reg. Park..... 2
TUES AM: Wargo Nature Center..... 2
Landscape Revival Plant Sale..... 6
TUES AM: Benson Prairie..... 9
Como Kids' Bird Camp..... 15-29
NABA Butterfly Census 27

July

Evening Field Trip, Sucker/Vadnais 9

Non-profit Organization
U.S. Postage
PAID
Permit # 3795
Twin Cities, Minnesota

**Time Dated Material
CHANGE SERVICE REQUESTED**

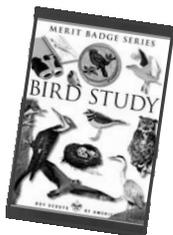
“Working” with Youth

While Saint Paul Audubon members were at Spring Warbler Weekend, your editor was at a Scout Camp on the St. Croix River.

Between Leaders and Scouts there were almost 300 attendees. 23 Merit Badges were accomplished, including such nature-oriented topics as Bird Study, Geology, Photography, and Plant Science.

Scouting events like this take place all year long. There is always a need for adults who are educated about nature and the environment.

For more information, go to www.adventureiscalling.org and enter your zip code to find a unit near you, or, go to the local BSA council website at www.northernstarbsa.org, or to the Girl Scout website at www.girlscouts.org.



Comments, continued from p. 2

SPAS volunteers have run for 10 years. The **Member Meeting** programs are arranged and presented to our members and the general public by more interested volunteers and delicious treats reliably appear. The **Landscape Revival** sale happens with lots of gardeners given the opportunity to get plants that will enhance their yards and gardens and make them more bird-friendly. **The wonderful people who serve on the board** give their time and effort to keep the chapter solvent and make sure these events happen.

I hope to see more of you involved in these or new activities the club

chooses to take on. Have an idea? Think we should offer a workshop on an environmental issue? Want to educate your neighbors on a bird-friendly topic? Raise it at a meeting or to the board and see how much support you get. You'll be amazed! **There are lots of good people out there eager to help.** That's what I've learned during these last two years.

The Saint Paul Audubon Society is a great organization full of wonderful people eager to make our environment better for us and our birds. Consider getting involved in any way that inspires you. See p. 2 for contact information, and attend Meetings and Field Trips!

Barbara Lindeke, former President